

Additional Resources:

markers for target areas; Learning Resource Games 5

Lesson 2**Year 2**

Learning Objectives	Suggested Series of Activities - HOW FAR	Points to Note
<p>Pupils should learn:-</p> <p>Acquiring and Developing</p> <ul style="list-style-type: none"> ■ to strike with control at a target <p>Selecting and Applying</p> <ul style="list-style-type: none"> ■ to anticipate how far they can run after striking the ball ■ to choose where to place the strike relative to the position of the fielders ■ to work as team by using and adapting a returning tactic <p>Evaluating and Improving</p> <ul style="list-style-type: none"> ■ to practise to improve their skills ■ to make simple judgements on other's decisions <p>K and U of Fitness and Health</p> <ul style="list-style-type: none"> ■ to describe the changes to the body during and after exercise ■ that each lesson begins with a 'warm up' 	<p>Warm up</p> <p>Ask the children:</p> <ul style="list-style-type: none"> ■ To stretch slowly into alternate wide and narrow shapes, relaxing in between ■ To collect a ball and carrying it jog about the space; on command to stop and place the ball on the ground and then move to collect a different ball; repeat several times; discourage a competitive element to this activity ■ To describe how their bodies feel after travelling If they can identify changes to their breathing, heart rate and temperature 	<ul style="list-style-type: none"> ■ highlight that this is the warm up part of the lesson ■ ask the children to tell you what they understand by tense and relaxed
	<p>Development</p> <p>Ask the children:</p> <ul style="list-style-type: none"> ■ In small groups, to practise striking a ball into different target areas (see Resource Games 5) using self-feed and then a bowler Talk with the children about anticipating how far they can run; why they need to watch the fielders to make a judgement about which base they can reach and successfully return from. ■ In their groups, to practise running to the bases depending on where they strike the ball and the efficiency of the fielding 	<ul style="list-style-type: none"> ■ encourage the children to use a variety of balls and striking implements ■ talk with the children about being over-ambitious or playing too safe when running to bases
	<p>Game</p> <p>Ask the children:</p> <ul style="list-style-type: none"> ■ To play “; differentiated as appropriate ■ To talk about how each striker runs to the bases Does the striker try to run too far? Could they have reached a further base? Does the striker watch what the fielders are doing whilst they are running? 	<ul style="list-style-type: none"> ■ remind the fielders about working as a team
	<p>Cool down and concluding activity</p> <p>Ask the children:</p> <ul style="list-style-type: none"> ■ To jog in a big circle gradually getting slower and making the circle smaller ■ To stretch and circle their fingers slowly ■ What they have learned this lesson and how they think they have improved. 	