

Additional Resources:

A small or medium-sized ball per pupil for the warm up;
 Learning Resources Games 1, 2, 3, 4.4, 4.5, 4.8, 5, 8, 10, 11,
 18 and 19

**Striking/Fielding
 Creating a Game**
**Lesson 3 & 4+
 Year 3**

Learning Objectives	Suggested Series of Activities - Whacky Wickets	Points to Note
<p>Pupils should learn:-</p> <p>Acquiring and Developing</p> <ul style="list-style-type: none"> ■ to refine sending and fielding skills <p>Selecting and Applying</p> <ul style="list-style-type: none"> ■ to create a striking/fielding game ■ to make up and apply rules 	<p>Warm up</p> <p>Ask the children:</p> <ul style="list-style-type: none"> ■ To stretch slowly into alternate 'wide' and 'narrow' shapes, relaxing in between each balancing a ball in their hand/s as they do so ■ To run about the space weaving in and out of each other carrying a ball in different ways e.g. in front, behind, above the head etc <p>Which parts of the body are working hardest?</p> <ul style="list-style-type: none"> ■ To describe how their bodies feel after travelling; why a warm up is important (see Resource Games 11) 	<ul style="list-style-type: none"> ■ ask the children to tell you what they understand by 'tense' and 'relaxed' ■ use prompts, if necessary to highlight skin temperature, breathing rate, heart rate etc.
<p>Evaluating and Improving</p> <ul style="list-style-type: none"> ■ to practise to improve ■ to make simple comparisons between their own and other's games <p>K and U of Fitness and Health</p> <ul style="list-style-type: none"> ■ the short-term effects of exercise on the body ■ why warming up is important 	<p>Development and Game</p> <p>Explain to the children that they are going to adapt their 'Whacky Wickets' game to include four players. Talk with them about the type of adaptations they could make to involve all four players.</p> <p>Ask the children:</p> <ul style="list-style-type: none"> ■ To explore different ideas for a game ■ Talk with them about the decisions they need to make ■ What rules have you made? Why? ■ To choose one of their ideas and practise playing the game ■ To observe other children's games and describe how they differ from their own ■ To teach their game to another group; to play another group's game ■ To practise sending at different targets <p>Help them to improve (see Resources Games 1, 3, 8, 10, 18 and 19) How have your sending skills improved?</p> <ul style="list-style-type: none"> ■ What skills the fielder needs to practise? <p>How can they practise these? Help them to improve (see Resources Games 2, 4.4, 4.5, 4.8, and 5)</p>	<ul style="list-style-type: none"> ■ adaptations could include having: <ul style="list-style-type: none"> - 1 striker; 3 fielders - 2 strikers; 2 fielders ■ encourage maximum involvement of all four players e.g. discourage players queuing for any length of time ■ remind them of why rules are important i.e. to make games safe and fair
	<p>Cool down and concluding activity</p> <p>Ask the children:</p> <ul style="list-style-type: none"> ■ To stretch each leg slowly several times ■ To stretch and circle their fingers ■ What type of game they have been playing <p>Do they know other types of games i.e. net; invasion</p>	<ul style="list-style-type: none"> ■ at the end of the final lesson, tell the children that they will play a different type of game next lesson